

Racquetball Skill Levels

LEVEL	DESCRIPTION
Pro	Highest level. Competes on PRO tour. Trains year round to achieve highest skill level and physical conditioning.
Open	Competes or has competed at Open level in sanctioned tournaments. Can hit any shot from anywhere on the court with great accuracy. No apparent weaknesses. Can develop and execute game plans and mental strategies.
A	One of the top players in the club. Probably trains for racquetball. Forehead and backhand strokes are equal. High level of knowledge. high percentage of successful shots. Hits killshots and rekills. Accurate serves, passes, killshots. Able to compete regionally and nationally, if interested.
B	More experienced player/athlete; probably plays and/or practices regularly. Knowledge of offense vs. defense and shot selection. Able to execute most shots; lacks consistency; improving footwork and ability to wait for shots; may have developed a variety of serves; and backhand is starting to become more equal to forehand. Weaknesses are apparent.
C	Plays frequently, developing strengths. Starting to understand and execute "basic" shots consistently. Level of knowledge is improving. Learning pinches, ceiling shots, basic serves, strategy, and center court positioning.
D	Lacks playing experience and may not play on a frequent basis. Learning basics: safety, rules, forehand and backhand strokes, serves and returns. Shots are inconsistent; often follows ball direction rather than anticipating where to move to wait for a return; most shots will be high and rebound back to the center court area. Has difficulty judging shot and return angles.
Novice	Just starting to learn to play. Lacks knowledge of all aspects of sport. May be taking lessons or someone who rarely plays.